

## Book 2 Listen to Me Discussion Questions

1. Throughout the story, Martin has a hard time convincing his parents and classmates that he's changed. Would you have a hard time believing him, too? In what ways can you relate to his situation?
2. Martin feels uncomfortable expressing his faith to others. Have you ever had trouble or felt uncomfortable expressing your beliefs?
3. How do some of Max's friends respond to his drinking problem?
4. How does Max's relationship with his father influence his choices?
5. What are some red flags that indicate Max has a drinking problem? If you or someone you know has a drinking problem, what are some ways you could offer help or support?  
(some additional resources are listed at the end of this guide)
6. How does Max's drinking problem affect his relationships?
7. Max has a hard time accepting his mother's death and blames himself. What are your thoughts on that?
8. How do the people around Max show their support during his time of grief? What are some ways to show support to someone who is grieving the loss of a loved one?
9. What steps does Martin take to mend his relationship with Marjorie Griggs? What are your thoughts on that?
10. What were some of your favorite moments from the book?

There are numerous resources available to those suffering from the loss of a loved one, as well as those struggling with alcoholism and addiction. In addition to providing assistance and

practical steps, these resources are also a great guide for family, friends, and loved ones who wish to provide a better support system. A few of those resources are listed here:

Youth.Gov

(<https://youth.gov>)

SAMHSA (Substance Abuse and Mental Health Services Administration)

(<https://www.samhsa.gov/find-help/national-helpline>)

National Hotline 1-800-662-HELP (4357)

American Addiction Centers

(<https://www.alcohol.org/rehab-centers/teen-treatment/>)

KidsHealth

(<https://kidshealth.org>)

The Dougy Center

(<https://www.dougy.org/>)