

## Book 1 Save Me Discussion Questions

1. How does Martin's anger affect his decision-making?
2. How do you feel about Martin's first fight with Johnny? Was it justified? Why or why not?
3. Martin feels it is unfair for his parents to send him to Mr. James' house. Do you agree? Have you ever felt like you were punished unfairly for something you did?
4. Mr. James shares with Martin every person's need for a savior. What do you think about this concept? That no one is good enough?
5. Martin asks his friend Max to help him get away from Mr. James and get back at Johnny. Have you ever asked a friend to do something they shouldn't? Has a friend ever asked you to do something you shouldn't? What are some ways to respond under peer pressure?
6. Martin asks God for help when he realizes he can't control his anger on his own. Have you ever had a problem you couldn't solve by yourself? What did you do? What other resources are available if you're struggling with something? (some additional resources can be found at the end of this guide)
7. In chapter seven, Mr. James gives Martin an analogy on spiritual tests. What are some steps you can take when you've tried something and failed?
8. How does Martin's new faith affect his relationship with his parents?
9. What are some challenges Martin faces after returning to school?
10. How do you feel about Martin's decision not to fight Johnny? What would you have done?

There are numerous resources available to those suffering from trauma and abuse, or in need of social and emotional support. In addition to providing assistance and practical steps, they are also a great educational resource for family, friends, and loved ones who wish to provide a better support system. A few of those resources are listed here:

Teen Counseling

(<https://www.teencounseling.com>)

Youth.Gov

(<https://youth.gov>)

SAMHSA (Substance Abuse and Mental Health Services Administration)

(<https://www.samhsa.gov/find-help/national-helpline>)

National Hotline 1-800-662-HELP (4357)